

SAFETY MATTERS

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Slips, Trips and Falls

Slips, trips and falls are among the most common causes of injury on the job and at home. Just about everyone slips or trips on occasion. We may shrug it off as clumsiness, but the results can be painful, very serious or even fatal.



Typical Causes

- Slippery or uneven surfaces
- Obstructions in walkways
- Improper shoes
- Moving too quickly
- Poor lighting
- Being tired or distracted

It is very important to recognize slip and fall hazards in the workplace to prevent accidents by taking proper precautions.

Eliminate Hazards

- Practice good housekeeping
- Don't leave items on the floor

IMPORTANT POINTS

- Slips, trips and falls are among the most common causes of injury on the job.
- Accident prevention requires recognizing slip and fall hazards, taking proper precautions and corrective action.

For more safety resources, visit NFIB.com/safetymatters

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- Walk slowly
- Pay attention
- Be sure lighting is adequate
- Watch for changes in flooring
- Hold handrails
- Block off and mark areas that are being cleaned or repaired
- Wear non-skid shoes

When unsafe conditions are present, corrective action needs to be taken immediately to ensure no one gets injured. Hospitality workers are especially susceptible to slip and fall hazards due to the nature of their work, therefore requiring slip resistant footwear is essential to an effective safety program.



Safety Procedures

- Put things away after use
- Repair or report any floor problems
- Keep walkways clear
- Dispose of trash promptly and properly
- Clean up spills right away