

# Adult-Size Changing Tables in Tennessee

Adult-size, height-adjustable changing tables promote community inclusion. They offer a safe, private, and hygienic toileting option to all Tennesseans. Your business can access grants to help offer this option to customers. Apply & learn more at [www.tn.gov/didd/for-consumers/adult-size-changing-tables.html](http://www.tn.gov/didd/for-consumers/adult-size-changing-tables.html).



SCAN ME

## The Problem

*Everyone deserves a safe, dignified, and hygienic toileting experience.*

- Currently, Tennesseans who need access to adult-sized changing tables have to choose between changing in an unhygienic setting (like a restroom floor) or staying home, isolated from their communities.
- Approximately 200,000 Tennesseans, 4% of the population, need help with one or more activities of daily living, such as toileting.
- This issue crosses every demographic in Tennessee, including our veterans. It also affects their family members, friends, and caregivers who want to spend time together in community.

Watch "Chrissy's Story" video about this issue.



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## The Solution

*Adult-size changing tables help everyone.*

**The State of Tennessee is offering grants to increase the availability of adult-size changing tables:**

- Apply through the Department of Intellectual and Developmental Disabilities for a grant of \$5,000 per changing table.
- The program will pay for 200 tables across the state.

Adult-size tables work for everyone, from infants to aging adults. You can be a part of Tennessee's work to lead the way. The disability community is the one minority group that any of us could join at any time. Many of us will age into this group.

***Universal design benefits all Tennesseans.***



Tennessee Council on Developmental Disabilities, Authorization No. 344068, Feb. 2022, 500 copies. This public document was promulgated at a cost of \$0.02 per copy.

This project was supported in part by grant number 2101TNSCDD, from the U.S. Administration for Community Living, Dept. of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.